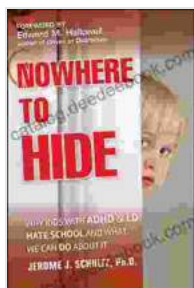


Why Kids With ADHD and LD Hate School and What We Can Do About It

For kids with ADHD and LD, school can be a nightmare. They may struggle to pay attention, control their behavior, and learn at the same pace as their peers. This can lead to frustration, anxiety, and even depression.



Nowhere to Hide: Why Kids with ADHD and LD Hate School and What We Can Do About It by Jerome J. Schultz

★★★★☆ 4.7 out of 5

Language : English
File size : 1004 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 341 pages
Lending : Enabled



But there are things we can do to help these kids succeed in school. Here are a few tips:

- **Create a positive learning environment.** This means providing a structured and supportive classroom where kids with ADHD and LD feel safe and respected.
- **Use positive reinforcement.** Rewarding kids for good behavior and academic achievement can help them stay on track.

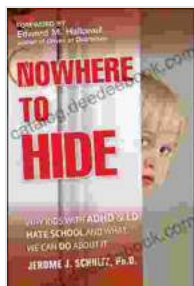
- **Break down tasks into smaller steps.** Kids with ADHD and LD may find it easier to complete tasks if they are broken down into smaller, more manageable chunks.
- **Provide extra time and support.** Kids with ADHD and LD may need extra time to complete assignments and tests. They may also need additional support from teachers and other adults.
- **Work with parents.** Parents can play a vital role in helping their kids with ADHD and LD succeed in school. They can provide support at home and work with teachers to develop strategies that will help their kids learn.

By following these tips, we can help kids with ADHD and LD succeed in school and reach their full potential.

Here are some additional tips that may be helpful for kids with ADHD and LD:

- **Find a study buddy.** Studying with a friend can help kids stay on task and motivated.
- **Take breaks.** Getting up and moving around for a few minutes every hour can help kids stay focused.
- **Use fidget toys.** Fidget toys can help kids with ADHD and LD stay focused and reduce restlessness.
- **Listen to music.** Listening to music while studying or doing homework can help kids stay focused and motivated.
- **Get enough sleep.** Kids with ADHD and LD need plenty of sleep to function at their best.

With the right support, kids with ADHD and LD can succeed in school and reach their full potential.



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